


	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Resident Birthdays</p> <p>Chake A. 5/1 Edith S. 5/9 David C. 5/12 Louis H. 5/17 Margaret D. 5/21 Alice M. 5/28</p>		<p> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p>		<p>Doctor Runs 1</p> <p>8:45 Cheerful Cardio [ACT] 1:30 Gardening Club [GT] 3:00 Wine, Cheese & Jeopardy [ACT] 6:00 Wednesday Night Movie [TH]</p>	<p>9:30 Lively Legs [ACT] 2 10:15 Community Walk 1:00 Out and About [B] 3:45 Reading and Dancing with Children [ACT] 6:00 Thursday Night Movie [TH]</p>	<p>8:45 Whole Body Workout [ACT] 3 10:30 Tots Time with Seattle Learning Center [ACT] 1:00 Guess That Tune and Floats [L] 3:00 Bingo [ACT] 4:15 Friday Night TED Talks [TH] 6:00 Friday Night Movie [TH]</p>	<p>8:45 Music in Motion [ACT] 4 10:00 Smoothies and Sing-Along [L] 1:45 Entertainment [L] 3:30 Table Games [ACT] 6:00 Saturday Night Movie [TH]</p>
<p>Cinco De Mayo</p> <p>Cinco de Mayo, which isn't widely celebrated in Mexico, commemorates an underdog victory over France in the Battle of Puebla on May 5, 1862. However, some people mistake it as Mexico's independence day. If you choose to celebrate, remember to celebrate in a manner that is respectful to the culture and the day's history.</p>	<p>8:45 Yoga [ACT] 5 10:00 Church Service - Television [TH] 11:00 Mindful Meditation-Aromatherapy [TH] 1:00 Scenic Cruise [B] 3:00 Bean Bag Baseball [ACT] 6:00 Sunday Night Movie [TH]</p>	<p>8:45 Balance and Coordination [ACT] 6 10:15 Community Walk 1:00 Cooking Tips & Demos [ACT] 3:00 Margarita & Trivia Monday [D] 6:00 Monday Night Movie [TH]</p>	<p>8:45 Amazing Arms and Back [ACT] 7 10:30 Shopping Trip [B] 1:00 Crafty Corner [AGT] 2:00 Casino Games [ACT] 3:00 Bingo [ACT] 6:00 Tuesday Night Movie [TH]</p>	<p>Doctor Runs 8</p> <p>8:45 Cheerful Cardio [ACT] 1:30 Book Club [TH] 3:00 Wine, Cheese & Jeopardy [ACT] 6:00 Wednesday Night Movie [TH]</p>	<p>9:30 Lively Legs [ACT] 9 10:15 Community Walk 1:00 Out and About [B] 2:00 Food Committee Meeting [ACT] 3:45 Reading and Dancing with Children [ACT] 6:00 Thursday Night Movie [TH]</p>	<p>8:45 Whole Body Workout [ACT] 10 10:30 Tots Time with Seattle Learning Center [ACT] 1:00 Guess That Tune and Floats [L] 3:00 Bingo [ACT] 4:15 Friday Night TED Talks [TH] 6:00 Friday Night Movie [TH]</p>	<p>8:45 Music in Motion [ACT] 11 10:00 Smoothies and Sing-Along [L] 1:45 Entertainment [D] 3:30 Table Games [ACT] 6:00 Saturday Night Movie [TH]</p>
	<p>Mother's Day 12</p> <p>8:45 Yoga [ACT] 10:00 Church Service - Television [TH] 11:00 Mindful Meditation-Aromatherapy [TH] 1:00 Scenic Cruise [B] 3:00 Bean Bag Baseball [ACT] 6:00 Sunday Night Movie [TH]</p>	<p>8:45 Balance and Coordination [ACT] 13 10:15 Community Walk 1:00 Cooking Tips & Demos [ACT] 3:00 Margarita & Trivia Monday [D] 6:00 Monday Night Movie [TH]</p>	<p>8:45 Amazing Arms and Back [ACT] 14 10:30 Shopping Trip [B] 1:00 Crafty Corner [AGT] 2:00 Casino Games [ACT] 3:00 Bingo [ACT] 6:00 Tuesday Night Movie [TH]</p>	<p>Doctor Runs 15</p> <p>8:45 Cheerful Cardio [ACT] 1:30 Gardening Club [GT] 3:00 Wine, Cheese & Jeopardy [ACT] 6:00 Wednesday Night Movie [TH]</p>	<p>9:30 Lively Legs [ACT] 16 10:15 Community Walk 1:00 Out and About [B] 3:45 Reading and Dancing with Children [ACT] 6:00 Thursday Night Movie [TH]</p>	<p>8:45 Whole Body Workout [ACT] 17 10:30 Tots Time with Seattle Learning Center [ACT] 1:00 Vibrant Life Inspires [ACT] 3:00 Bingo [ACT] 4:15 Friday Night TED Talks [TH] 6:00 Friday Night Movie [TH]</p>	<p>8:45 Music in Motion [ACT] 18 10:00 Smoothies and Sing-Along [L] 1:45 Entertainment [D] 3:30 Table Games [ACT] 6:00 Saturday Night Movie [TH]</p>
<p>National Barbecue Month</p> <p>Its finally warming up! Barbecue season is upon us. Take a moment to celebrate and honor the lives of the persons who have died in while serving in the US Armed Forces with us on Memorial Day, May 27th. There will be a special BBQ dinner.</p>	<p>8:45 Yoga [ACT] 19 10:00 Church Service - Television [TH] 11:00 Mindful Meditation-Aromatherapy [TH] 1:00 Scenic Cruise [B] 3:00 Bean Bag Baseball [ACT] 6:00 Sunday Night Movie [TH]</p>	<p>8:45 Balance and Coordination [ACT] 20 10:15 Community Walk 1:00 Cooking Tips & Demos [ACT] 3:00 Margarita & Trivia Monday [D] 6:00 Monday Night Movie [TH]</p>	<p>8:45 Amazing Arms and Back [ACT] 21 10:30 Shopping Trip [B] 1:00 Crafty Corner [AGT] 2:00 Casino Games [ACT] 3:00 Bingo [ACT] 5:30 Vibrant Life Bash [ACT] 6:00 Tuesday Night Movie [TH]</p>	<p>Doctor Runs 22</p> <p>7:30 Men's Breakfast [PDR] 8:45 Cheerful Cardio [ACT] 1:30 Book Club [TH] 3:00 Wine, Cheese & Jeopardy [ACT] 6:00 Wednesday Night Movie [TH]</p>	<p>9:30 Lively Legs [ACT] 23 10:15 Community Walk 1:00 Out and About [B] 3:45 Reading and Dancing with Children [ACT] 6:00 Thursday Night Movie [TH]</p>	<p>8:45 Whole Body Workout [ACT] 24 10:30 Tots Time with Seattle Learning Center [ACT] 1:00 Guess That Tune and Floats [L] 3:00 Bingo [ACT] 4:15 Friday Night TED Talks [TH] 6:00 Friday Night Movie [TH]</p>	<p>8:45 Music in Motion [ACT] 25 10:00 Smoothies and Sing-Along [L] 1:45 Entertainment [D] 3:30 Table Games [ACT] 6:00 Saturday Night Movie [TH]</p>
	<p>8:45 Yoga [ACT] 26 10:00 Church Service - Television [TH] 11:00 Mindful Meditation-Aromatherapy [TH] 1:00 Scenic Cruise [B] 3:00 Bonnie & the Pups [ACT] 6:00 Sunday Night Movie [TH]</p>	<p>Memorial Day 27</p> <p>8:45 Balance and Coordination [ACT] 10:15 Community Walk 3:00 "This is Your Life" Merel H. [L] 6:00 Monday Night Movie [TH]</p>	<p>8:45 Amazing Arms and Back [ACT] 28 10:30 Shopping Trip [B] 11:30 Ladies Luncheon [D] 1:00 Crafty Corner [AGT] 1:00 Residents Council Meeting [ACT] 2:00 Birthday Party [PDR] 3:00 Bingo [ACT] 6:00 Tuesday Night Movie [TH]</p>	<p>Doctor Runs 29</p> <p>8:45 Cheerful Cardio [ACT] 1:30 Gardening Club [GT] 2:00 Book Mobile [D] 3:00 Wine, Cheese & Jeopardy [ACT] 6:00 Wednesday Night Movie [TH]</p>	<p>9:30 Lively Legs [ACT] 30 10:15 Community Walk 1:00 Out and About [B] 3:45 Reading and Dancing with Children [ACT] 6:00 Thursday Night Movie [TH]</p>	<p>8:45 Whole Body Workout [ACT] 31 10:30 Tots Time with Seattle Learning Center [ACT] 1:00 Guess That Tune and Floats [L] 3:00 Bingo [ACT] 4:15 Friday Night TED Talks [TH] 6:00 Friday Night Movie [TH]</p>	