





# NOVEMBER Queen Anne Manor Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<u>1</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 THE PRICE IS RIGHT (Recreation Room) 1:30 VAN TRIP - FRED MYERS & DICKS HAMBURGERS 4:00 HAPPY HOUR (Lobby)	<u>2</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 THE PRICE IS RIGHT (Recreation Room) 11:00 MUSIC W/ TAMARA (Dining Room) 1:30 MOVIE AND POPCORN (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>3</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 COMMUNITY WALK (Rec. Room) 1:30 BIG BUCKS BINGO (Rec. Room) 2:30 SATURDAY BOWLING (Recreation Room) 4:00 HAPPY HOUR (Lobby)
<u>4</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 HOLY MASS (Rec. Room) 1:30 TRIVIA & GAMES (Recreation Room) 2:30 BOOK READINGS (Recreation Room) 4:00 HAPPY HOUR (Front Lobby)	<u>5</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:00 ART THERAPY (Rec. Room) 10:30 NEIGHBORHOOD STROLL (Meet In Front) 1:30 RESIDENT GATHERING 2:00 CRAFTS (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>6</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 MUSIC WITH LOIS (Recreation Room) 2:00 ENTERTAINMENT W/ RYAN THE RED (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>7</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 YOGA (Rec. Room) 1:30 ICE CREAM SOCIAL (Recreation Room) 2:00 WORD GAMES (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>8</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 COMMUNITY WALK 11:30 VAN TRIP - LONG COUNTRY DRIVE TO STEVENS PASS 4:00 HAPPY HOUR (Lobby)	<u>9</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 THE PRICE IS RIGHT (Recreation Room) 11:00 MUSIC W/ TAMARA (Dining Room) 1:30 MOVIE AND POPCORN (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>10</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 COMMUNITY WALK (Rec. Room) 1:30 BIG BUCKS BINGO (Rec. Room) 2:30 SATURDAY BOWLING (Recreation Room) 4:00 HAPPY HOUR (Lobby)
<u>11</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 HOLY MASS (Rec. Room) 1:30 TRIVIA & GAMES (Recreation Room) 2:30 BOOK READINGS (Recreation Room) 4:00 HAPPY HOUR (Front Lobby)	<u>12</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 COMMUNITY WALK 12:30 VAN TRIP - SEATTLE CENTER DANCING 4:00 HAPPY HOUR (Lobby)	<u>13</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 MUSIC WITH LOIS (Recreation Room) 2:00 ENTERTAINMENT W/ BILL SHIMELL (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>14</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 YOGA (Rec. Room) 1:30 ICE CREAM SOCIAL (Recreation Room) 2:00 WORD GAMES (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>15</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:00 ART THERAPY (Rec. Room) 10:30 NEIGHBORHOOD STROLL (Meet In Front) 1:30 RESIDENT GATHERING (Recreation Room) 2:00 CRAFTS (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>16</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 THE PRICE IS RIGHT (Recreation Room) 11:00 MUSIC W/ TAMARA (Dining Room) 1:30 MOVIE AND POPCORN (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>17</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 COMMUNITY WALK (Rec. Room) 1:30 BIG BUCKS BINGO (Rec. Room) 2:30 SATURDAY BOWLING (Recreation Room) 4:00 HAPPY HOUR (Lobby)
<u>18</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 HOLY MASS (Rec. Room) 1:30 TRIVIA & GAMES (Recreation Room) 2:30 BOOK READINGS (Recreation Room) 4:00 HAPPY HOUR (Front Lobby)	<u>19</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:00 ART THERAPY (Rec. Room) 10:30 NEIGHBORHOOD STROLL (Meet In Front) 1:30 RESIDENT GATHERING 2:00 CRAFTS (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>20</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 MUSIC WITH LOIS (Recreation Room) 2:00 ENTERTAINMENT W/ RYAN THE RED (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>21</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 YOGA (Rec. Room) 1:30 ICE CREAM SOCIAL (Recreation Room) 2:00 WORD GAMES (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>22</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 1:30 RESIDENT GATHERING (Recreation Room) 2:30 HOLIDAY MOVIE TIME!! (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>23</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:00 THANKSGIVING PARADE (Recreation Room) 11:00 MUSIC W/ TAMARA (Dining Room) 1:30 EXERCISE (Rec. Room) 3:30 VAN TRIP - WESTLAKE TREE LIGHTING	<u>24</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 COMMUNITY WALK (Rec. Room) 1:30 BIG BUCKS BINGO (Rec. Room) 2:30 SATURDAY BOWLING (Recreation Room) 4:00 HAPPY HOUR (Lobby)
<u>25</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 HOLY MASS (Rec. Room) 1:30 TRIVIA & GAMES (Recreation Room) 2:30 BOOK READINGS (Recreation Room) 4:00 HAPPY HOUR (Front Lobby)	<u>26</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:00 ART THERAPY (Rec. Room) 10:30 NEIGHBORHOOD STROLL (Meet In Front) 1:30 RESIDENT GATHERING 2:00 CRAFTS (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>27</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 MUSIC WITH LOIS (Recreation Room) 2:00 ENTERTAINMENT W/ RYAN THE RED (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>28</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 YOGA (Rec. Room) 1:30 ICE CREAM SOCIAL (Recreation Room) 2:00 WORD GAMES (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>29</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 COMMUNITY WALK 1:30 VAN TRIP - BELLEVUE SHOPPING TRIP 4:00 HAPPY HOUR (Lobby)	<u>30</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:15 THE PRICE IS RIGHT (Recreation Room) 11:00 MUSIC W/ TAMARA (Dining Room) 1:30 MOVIE AND POPCORN (Recreation Room) 4:00 HAPPY HOUR (Lobby)	<u>31</u> 9:15 NEWS (Rec. Room) 9:45 EXERCISE (Rec. Room) 10:30 COMMUNITY WALK (Rec. Room) 1:30 BIG BUCKS BINGO (Rec. Room) 2:30 SATURDAY BOWLING (Recreation Room) 4:00 HAPPY HOUR (Lobby)